



NANCY H. COOK, RN, BSN
VICE PRESIDENT OF CLINICAL SERVICES

Nancy Cook is The Arc of Central Alabama's Vice President of Clinical Services. She oversees the agency's clinical aides, clinical records and nursing departments, ensuring the medical and clinical needs of the more than 400 adults with intellectual and developmental disabilities in Arc programs are met. Nancy also directs The Arc's HOPE Early Intervention program, which helps young families affected by disability.

Nancy has served The Arc for more than twenty years. Prior to her leadership role with The Arc's clinical and medical services, she served as Associate Director, Wellness Coordinator, Assistant Director for Adult Day Services, Clinical Records Coordinator, and Day Services Unit Manager.

Nancy received her nursing degree from the University of Alabama Birmingham. After her graduation she served as a research assistant to a study following stroke survivors and their caregivers. Relevant undergraduate clinical experience while she was a nursing student included a rotation at the geriatric unit of the UAB Center for Psychiatric Medicine.

Before Nancy's career took a turn into the health care/social services sector, Nancy was an educator. Her experience includes teaching first grade, junior high English and Home Economics in Mississippi.

Nancy also holds a Bachelor of Science in Home Economics Education. She lives in Vestavia and has two sons and two grandchildren.